

MANAGING FEAR, OBLIGATION AND GUILT IN TOXIC RELATIONSHIPS WORKSHOP

EARN 5 CPD (APPLIED FOR) & 5 GENERAL CEU POINTS (APPLIED FOR)

YOU WILL LEARN THE FOLLOWING;

08:00 - 08:30 - Registration

08:30 - 10:30 - Opening & Introduction

Understanding that blackmail as a transaction | Worksheet

The four faces of blackmail | Video material and discussion

A blinding FOG | Fear Obligation and Guilt | Worksheet

10:30 - 11:00 - Refreshments

11:00 - 12:30 - The tools of the trade – Worksheet and discussion | The inner world of the blackmailer | Video material

12:30 - 13:15 - Lunch

13:15 - 14:30 - It takes two to tango | The impact of the Blackmail | Group discussion

Turn understanding into an action plan | Worksheets and screening tools

14:30 - 15:00 - Keeping the balance in present and future relationships

15:00 - 15:30 - Evaluation & Discussion

Presented by Sorika De Swart at ARC Addiction Recovery Centre

This workshop costs: R1500.00. p/p

To Register contact 011 425 3455

or email jessica@myrehab.co.za



Starting from August 31st 2017 @
ARC | 2 Ewing Street, Rynfield, Benoni



social development

Department:
Social Development
REPUBLIC OF SOUTH AFRICA



health

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