

UNDERSTANDING & MANAGING OBSESSIVE LOVE WORKSHOP

EARN 5 CPD (APPLIED FOR) & 5 GENERAL CEU POINTS (APPLIED FOR)

YOU WILL LEARN THE FOLLOWING;

08:00 - 08:30 - Registration

08:30 - 10:30 - Opening & Introduction

Love addiction versus obsessive love | Profiling the obsessed person and the target | Screening tools | My one magic person | Rejection opens the floodgates of obsession | Video material and group discussion
From pursuit to revenge | Video material and worksheet

10:30 - 11:00 - Refreshments

11:00 - 12:30 - The savior complex and the co-obsessed | Breaking up is hard to do
| When obsession turns to violence

12:30 - 13:15 - Lunch

13:15 - 15:15 - Connection compulsion - Video material and group discussion
Dismantle the obsessive belief system | Worksheets
Dealing with the truth about the relationship | Worksheets

15:15 - 15:30 - Evaluation & Discussion

Presented by Sorika De Swart at ARC Addiction Recovery Centre

This workshop costs: R1500.00. p/p

To Register contact 011 425 3455
or email jessica@myrehab.co.za



Starting from October 26th 2017 @
ARC | 2 Ewing Street, Rynfield, Benoni



social development

Department:
Social Development
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health

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